



CONVERSATIONS

DISCUSSION FOR
ENQUIRING MINDS

An open invitation to anyone aged 18-30.

What is fear? What do we have to fear? Why do we fear? And what are its opposites?

Time: 2pm Saturday 27th April 2024

**Venue: Melbourne School of Philosophy
45 Riversdale Road, Hawthorn VIC 3122**

This Conversation also offers the opportunity to discuss anxiety and why it has become so prevalent in the modern world. What might help to reduce it? We will be introduced to a simple mindfulness exercise that many people have found to be useful.

“This is a rare opportunity to have a healthy discussion on topics that impact our generation” - Jordan



*“I really enjoyed the meeting last weekend, it was so thought provoking”
- Jess*

‘Conversations’ aims to create a space where ideas can be shared in a safe and encouraging environment. Somewhere to bring questions and concepts to discuss with others face to face. As well as discussing topics of immediate relevance to ourselves and those around us we will practice the art of dialectic conversation.

AS NUMBERS ARE LIMITED, PLEASE TEXT YOUR NAME TO THEA ON 0435879211

FREE ADMISSION